

New Mainstream Programm Class 2026

#		Sa, 10. Jan 26	Sa, 24. Jan 26	Sa, 07. Feb 26	So, 22. Feb 26	So, 8. März 26	So, 22. März 26	So, 19. April 26	So, 03. Mai 26	So, 31. Mai 26	So, 14. Juni 26	So, 12. Juli 26	So, 26. Juli 26	So, 04. Okt.26	So, 01. Nov.26	So, 15. Nov.26
1.A	Circle Left / Right all Fractions	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1.B	Circle of 4 Left / Right all Fractions	✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1.C	Single Circle all Fractions															
2.	Dosado	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3.A	Couples Promenade (full, 1/2)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3.B	*Single File Promenade*															
3.C	*Star Promenade*	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3.D	*Wrong Way Promenade*															
4.A	Right/Left Arm Turn	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4.B	Allemande Left/*Right*	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Star Left / Right	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6.A	Right and Left Grand Family	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6.B	Weave the Ring	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6.C	Wrong Way Grand															
7	Pass Thru	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8	Wheel Around + *Reverse*	✓														
9	Courtesy Turn	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10.	Right and Left Thru	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
11.	Swing	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12.A	Two Ladies Chain	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12.A	Two Ladies Chain Three Quarters		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12.B	Four Ladies Chain	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12.B	Four Ladies Chain Three Quarters		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12.C	Chain Down the Line		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13.A	Half Sashay	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13.B	Rollaway								✓	✓	✓	✓	✓	✓	✓	✓
13.C	Ladies In, Men Sashay															
14.A	U-Turn Back	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
14.B	Single File + Backtrack		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
15.A	Separate around 1 or 2		✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
15.B	Separate around 1 or 2 to a Line		✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
15.C	Separate around 1 or 2, come into the Middle															
16.	Lead Right / Left		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
17.	Veer Right / Left		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
18.	Star Thru			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19.A	Couples Circulate															
19.B	(named dancers) Circulate(Boys,Girls . . .)				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19.C	All Eight Circulate				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19.D	Single File Circulate (aus Columns)															
19.E	Split / Box Circulate															
20.	Bend the Line				✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
21.A	Square Thru (1-4 Hands)								✓	✓	✓	✓	✓	✓	✓	✓
21.B	Left Square Thru (1-4 Hands)															
21.C	Square Thru (Half Sashayed)															
22.	Split Two									✓	✓	✓	✓	✓	✓	✓
23.	Grand Square					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
24.	Double Pass Thru									✓	✓	✓	✓	✓	✓	✓
25.	1st CPL go L/R Next Cpl go L/R									✓	✓	✓	✓	✓	✓	✓
26.	Wheel and Deal (from lines of four)									✓	✓	✓	✓	✓	✓	✓
26.	Wheel and Deal (from two-faced lines)									✓	✓	✓	✓	✓	✓	✓
27.	California Twirl							✓	✓	✓	✓	✓	✓	✓	✓	✓
28.	Slide Thru										✓	✓	✓	✓	✓	✓
29.	Dive Thru										✓	✓	✓	✓	✓	✓
30.	Box the Gnat										✓	✓	✓	✓	✓	✓
31	Ocean Wave Family												✓	✓	✓	✓
31.A	(Allemande Left in) Alamo Style											✓	✓	✓	✓	✓
31.B	Balance											✓	✓	✓	✓	✓
31.C	Step to a Wave												✓	✓	✓	✓
31.D	Dosado to a Wave												✓	✓	✓	✓
31.E	Single Circle to a Wave												✓	✓	✓	✓
32	Trade Family												✓	✓	✓	✓
32.A	Couples Trade												✓	✓	✓	✓
32.B	(named dancers) Trade												✓	✓	✓	✓
32.C	Right/Left Hand Trade												✓	✓	✓	✓
32.D	Partner Trade												✓	✓	✓	✓
33.	Swing Thru /Left Swing Thru											✓	✓	✓	✓	✓
34.	Run / Cross Run												✓	✓	✓	✓
35.	Pass the Ocean													✓	✓	✓
36.	Extend														✓	✓
37.	Flutterwheel / Reverse Flutterwheel															✓
38.	Sweep a Quarter															✓
39.	Trade By														✓	✓
40.	Ferris Wheel															✓